



## 5. The Tarn

### Lanty's Tarn Circular Walk

Description:	Very rewarding short walk with stunning views of the Ullswater Valley
Walk Starting Point:	Patterdale Hall Estate
Difficulty:	Moderate Easy
Distance:	2½ miles / 4 km
Terrain:	Initially you do have to follow the footpaths alongside the road into Glenridding. The path up towards the tarn begins with a little uphill stretch but soon evens out into a more gradual path. We would not recommend the route for prams.
Duration:	1-1½ hours average
Footwear:	Boots/sturdy shoes
Clothing:	Waterproofs during wet weather
Toilets/Refreshments:	Glenridding village

**Always check the weather forecast before your walk. Take plenty of water, especially on hot days!**

- Walk into Glenridding. Between the shops and the stream, look for the signpost Public Bridleway, Mires Beck, Helvellyn. Follow this road for several hundred metres, passing the mini-market on your left and the Public Hall on your right before the road turns into a track. When the track forks, take the left path sign-posted to Lanty's Tarn, Helvellyn and again follow this for a while. You will soon reach a signpost with a single yellow arrow pointing you left towards Lanty's Tarn. Take this path [or the next one situated a little further along after the last cottage] either of these and, from now on, watch out for the Red Squirrels!!
- Climb the stone steps straight upward. They start off quite steep but soon even out so don't panic. After a few metres the path bends right – there's a bench on your left with great views down the lake if you need a rest. A few metres after the turn you will pass through a swing gate and continue along the path which, again, briefly gets a little steeper. There are great views down the lake from any point up this track. When you reach another gate DO NOT GO THROUGH IT, but follow the path LEFT sign-posted Striding Edge, Grisedale and head for the brow of the hill. Again, great views can be seen looking back down the valley from here. Once over the brow of the hill continue down the track towards the tarn, now visible to your right. Please note that the tarn can get quite low during dry spells.
- OPTIONAL: If you wish to take a detour to reach the top of Keldas then cross the stile to your left and follow the path up and to the right to find the peak – its only a few metres away. Backtrack to the tarn after you have done so.
- Go through the swing gate and follow the track down the right hand side of the tarn. There is a nice flat stretch of ground at the far end of the tarn where you can have a picnic or take a breather. After the tarn the path dips down a hill and, after about 300 metres, splits into two with a gate on each path. Take the left path and turn left and downhill after the gate. Head straight down this track (careful, its quite a steep descent) and go through the swing gate at the bottom. Walk directly forwards along the road.
- OPTION 1: Continue along the road and over the bridge before bearing left, always sticking to the tarmac. The road goes all the way past the Parkside Cottages to the junction for the A592 main road. You should be able to find your property from there.

OPTION 2: Continue along the road and go through the gate to your left PRIOR to the bridge. This footpath takes you through Waterfall Woods and back towards the properties. You should come off the path when you reach the first stone bridge – then chalet/lodge/bothy guests should turn right onto the tarmac until you reach the road junction, then turn left and continue up to the main A592 road junction. Dairy and Coach guests should turn left when they leave the footpath and walk the few metres back to their properties. From the path Parkside Cottage folk should turn right onto the tarmac then right at the junction and walk the few metres to their property.